

**Course Outline for: PSYC 2300 Psychology of Personality****1. Course Description:**

1. Number of credits: 3
2. Lecture hours per week: 3
3. Prerequisites: PSYC 1110 Introduction to Psychology
4. Corequisites: None
5. MnTC Goals: Goal #5 – History and the Social and Behavioral Sciences

What makes us who we are as individuals? To gain insight into this question, personality psychologists seek to accurately describe and explain stable differences in how people think, feel, and act. We explore questions related to how to accurately assess personality, the biology of personality, the dynamics of the unconscious mind, the impact of basic human needs, and how aspects of the person and aspects of the situation both determine behavior. By engaging with classic theories, modern research, reflective discussions, and practical applications, students not only gain insight into the complexities of personality, but also develop a deeper understanding of themselves and others.

**2. Date last reviewed/updated: May 2025****3. Outline of Major Content Areas:**

1. Methods of personality research
2. Personality assessment
3. Culture and personality
4. Theory and research on personality traits
5. Biological processes related to personality
6. Theory and research on the psychodynamic approach to personality
7. Theory and research on the social-cognitive approach to personality
8. The person-situation debate
9. Theory and research on the humanistic approach to personality

**D. Course Learning Outcomes:**

Upon successful completion of the course, the student will be able to:

1. Contrast major theories in the study of Personality Psychology. (Goal 5a, 5c)
2. Critically evaluate personality research and assessment using a knowledge of scientific principles. (Goal 2a, 2c, 5a, 5c)
3. Apply concepts, theories, or research findings from the Psychology of Personality to understand human behavior in everyday life. (Goal 2a, 2b, 5a)
4. Articulate how concepts, theories, or research findings in the Psychology of Personality relate to improving human well-being or functioning. (Goal 2a, 2b, 5a, 5d)

**E. Methods for Assessing Student Learning:**

Methods for assessment may include, but are not limited to, the following:

1. Exams
2. Application projects
3. Discussions
4. Reflective writing assignments

**F. Special Information:**

None